



PORTFOLIO GEN008

SUBMITTED BY: GIAN CLAU M.
HERNANDEZ

SUBMITTED TO: MA'AM JOHN
CARLO RAMIL AGDA

BSIT1-SOUTH3

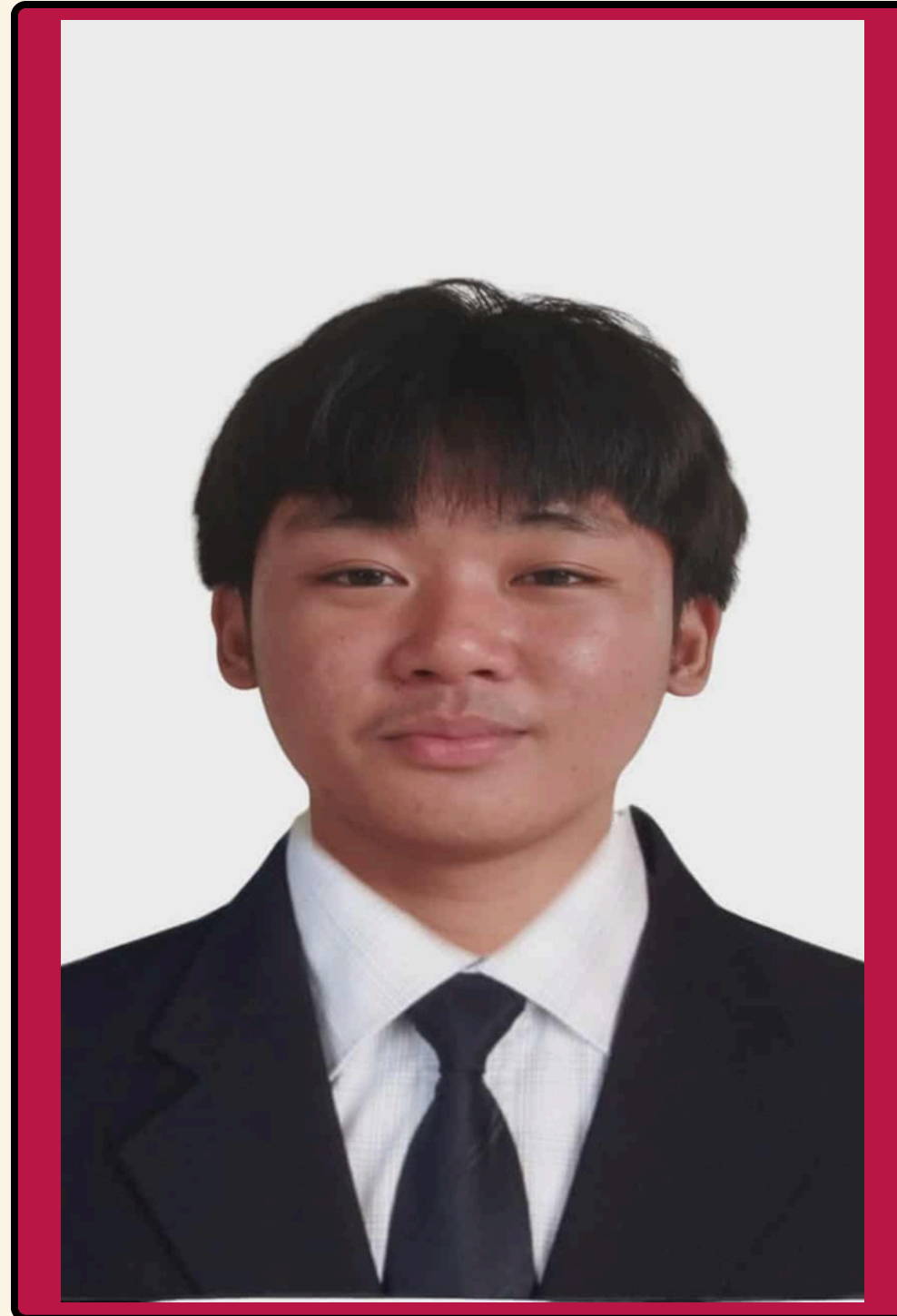


ABOUT ME

I am Gian Clai M. Hernandez, 19 years old, my Birthday is February 23, 2007, I'm from Concepcion west, Zaragoza, Nueva ecija. I'm currently a incoming 2nd year college Bachelor of Science in Information Technology at PHINMA Araullo University.

I have skills like, Video editing, Picture editing, Designing like poster, I also love to play Basketball, and I love eating, and watching movies/anime, and I'm good at my passion which is programming/coding. I'm a dedicated person who loves my passion, and I'm a kind hearted man, I have no enemies.

I'm dedicated and I want to improve my skills further i may not good at communicating but I can do it in average I have many friends who likes me.



GIAN CLAI M. HERNANDEZ

CONTACT INFO

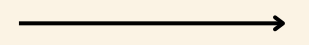
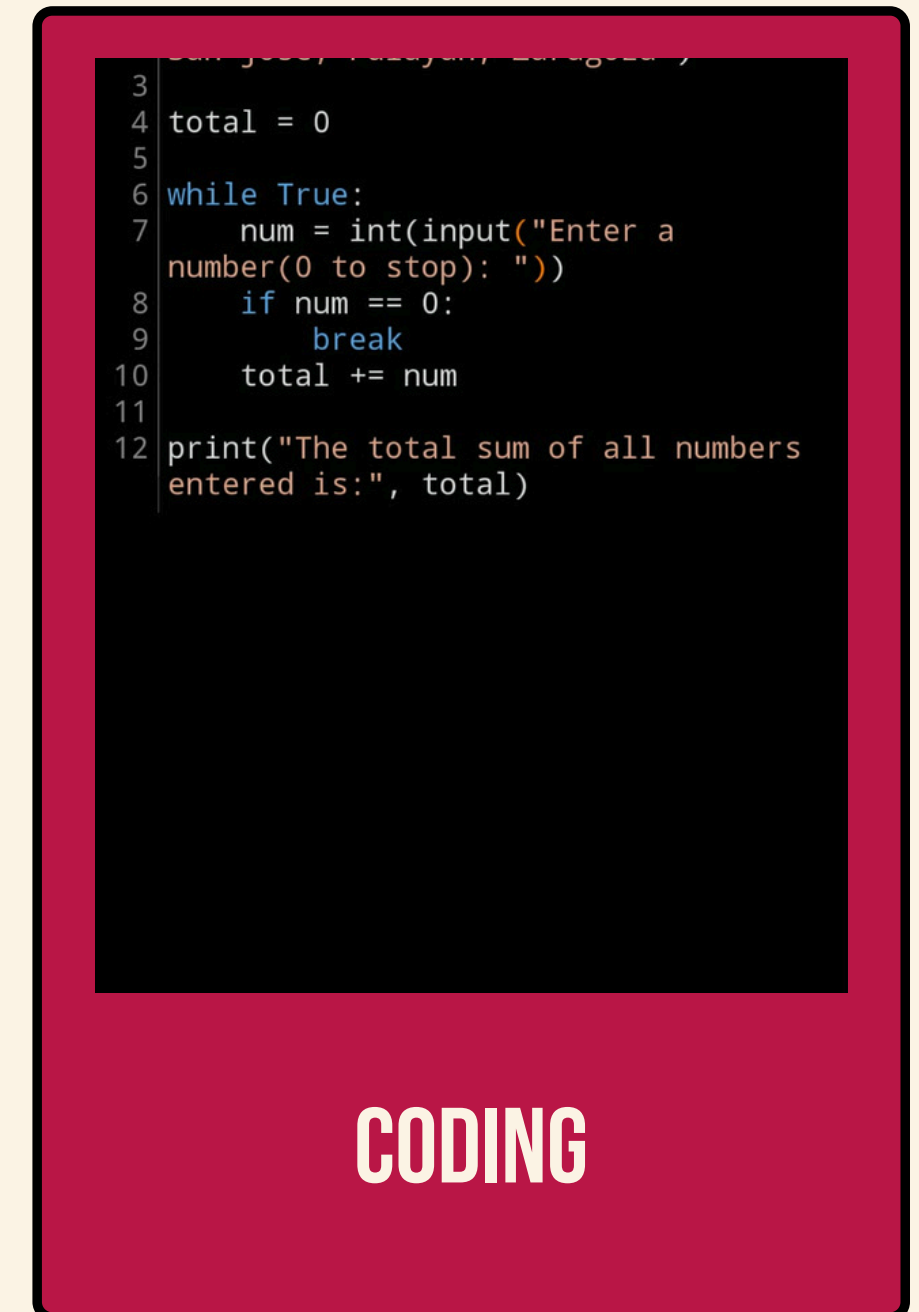
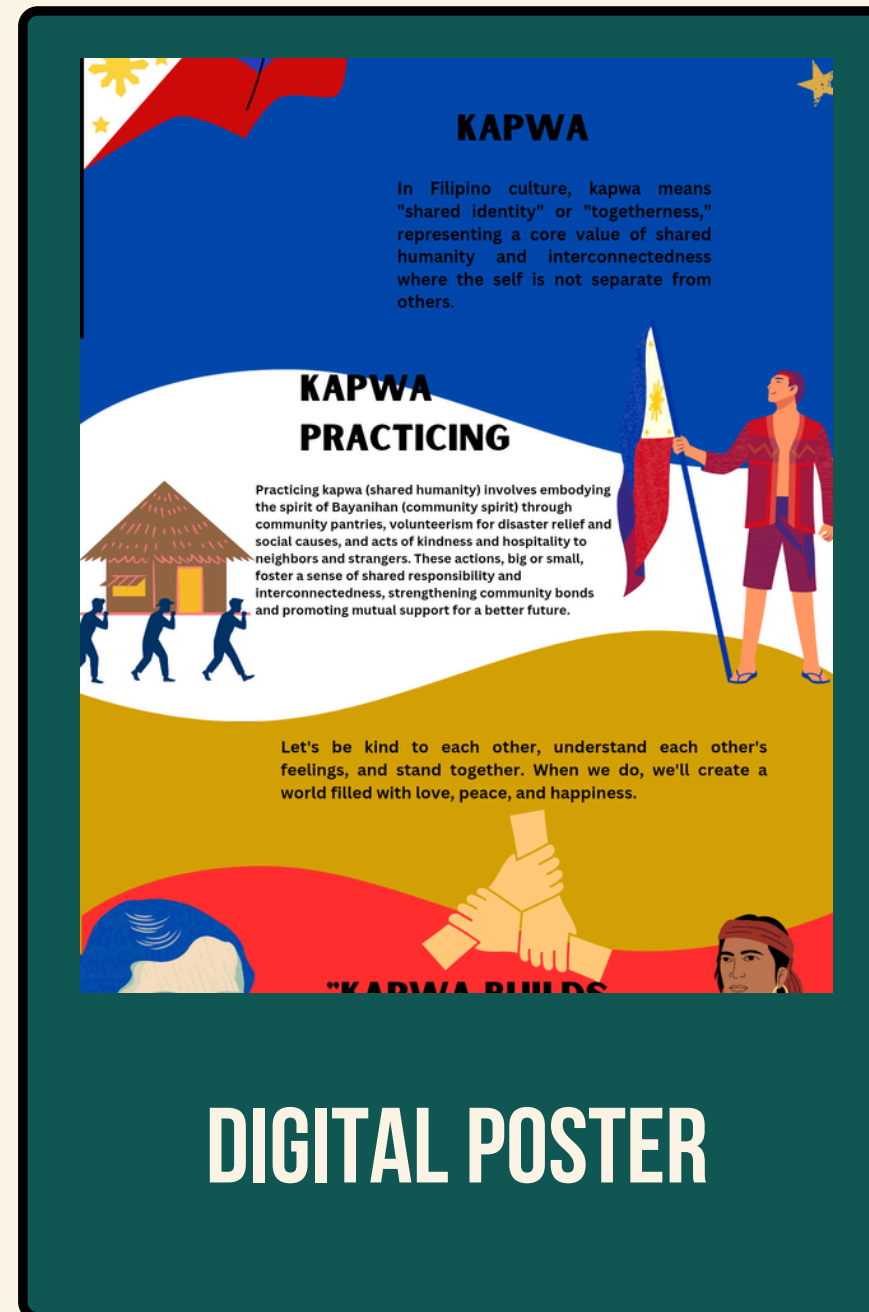
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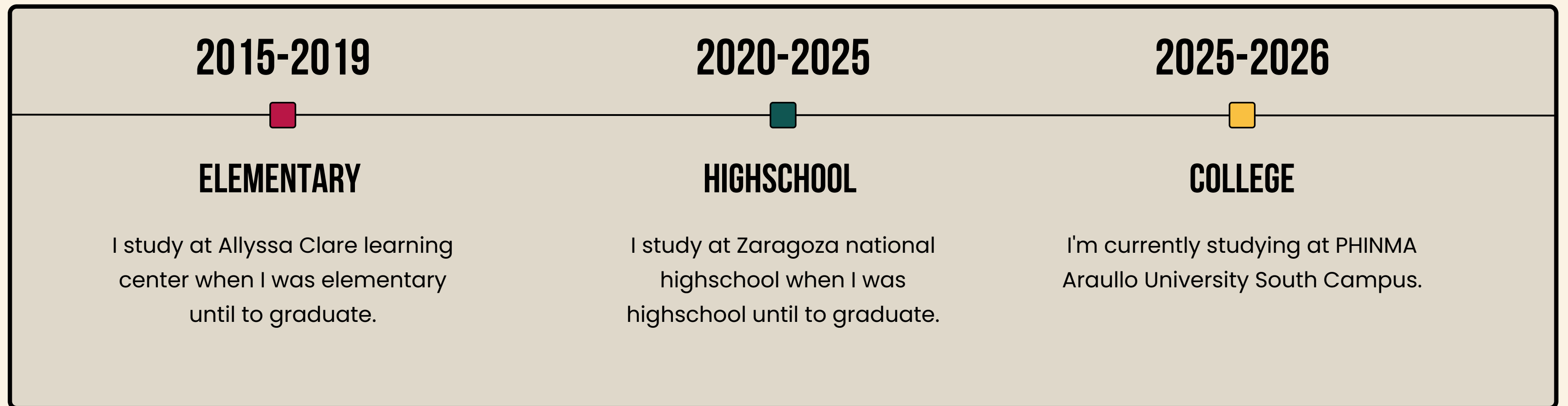


SKILLS

This is my skills and I can enhance it further with my dedication and passion with this hobbies and I want to work using my skills and talent in tech.



EDUCATION BACKGROUND



AWARD AND CERTIFICATE

LEADERSHIP AWARDEE (SSLG)

WITH HONOR (SENIOR HIGH SCHOOL)



work
EXPERIENCE

I have experience working, selling meat in market with my mother.



- **SELLING MEAT IN MARKET**



project PORTFOLIO

This is the projects I did with my skills

PROJECT 01

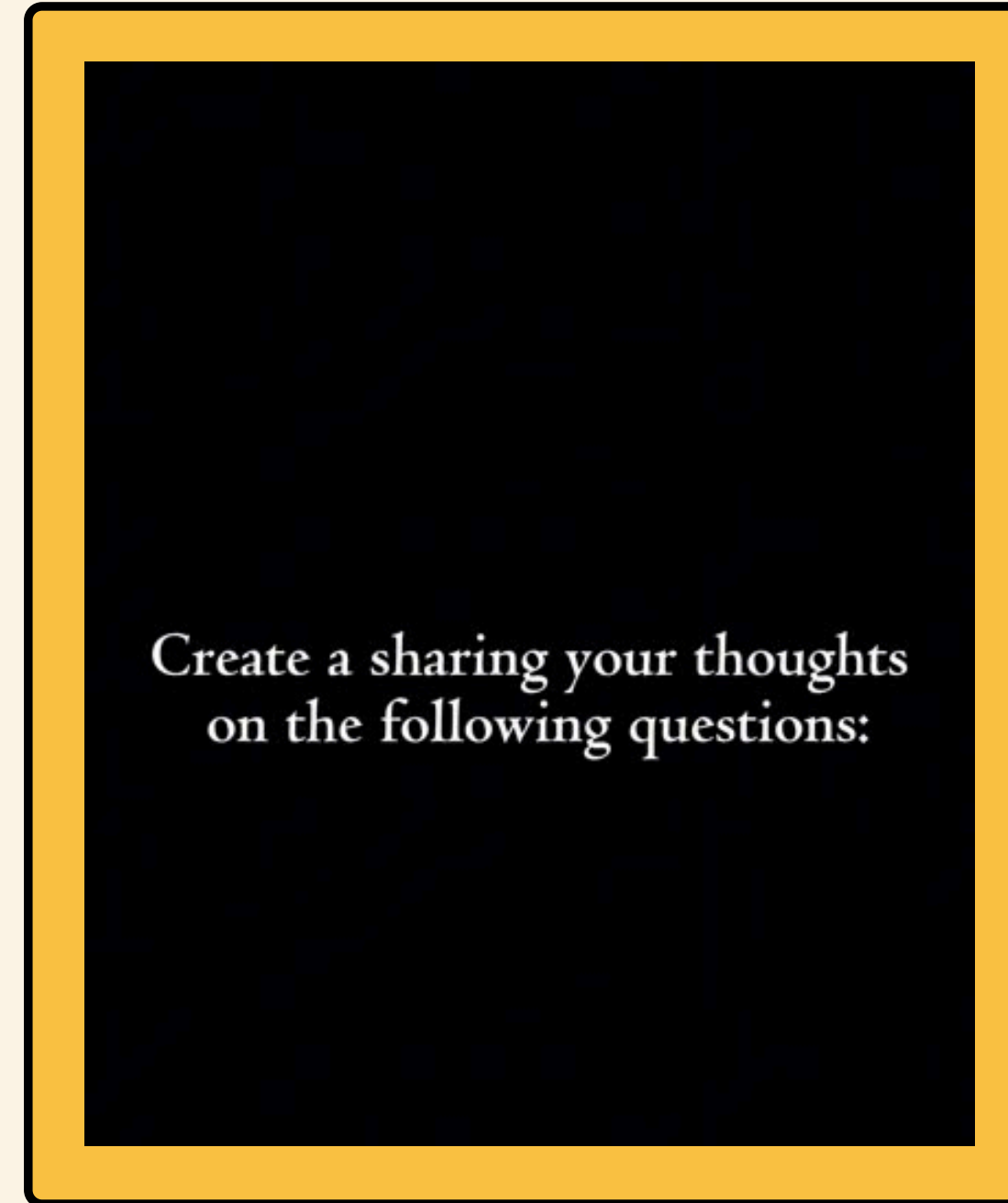
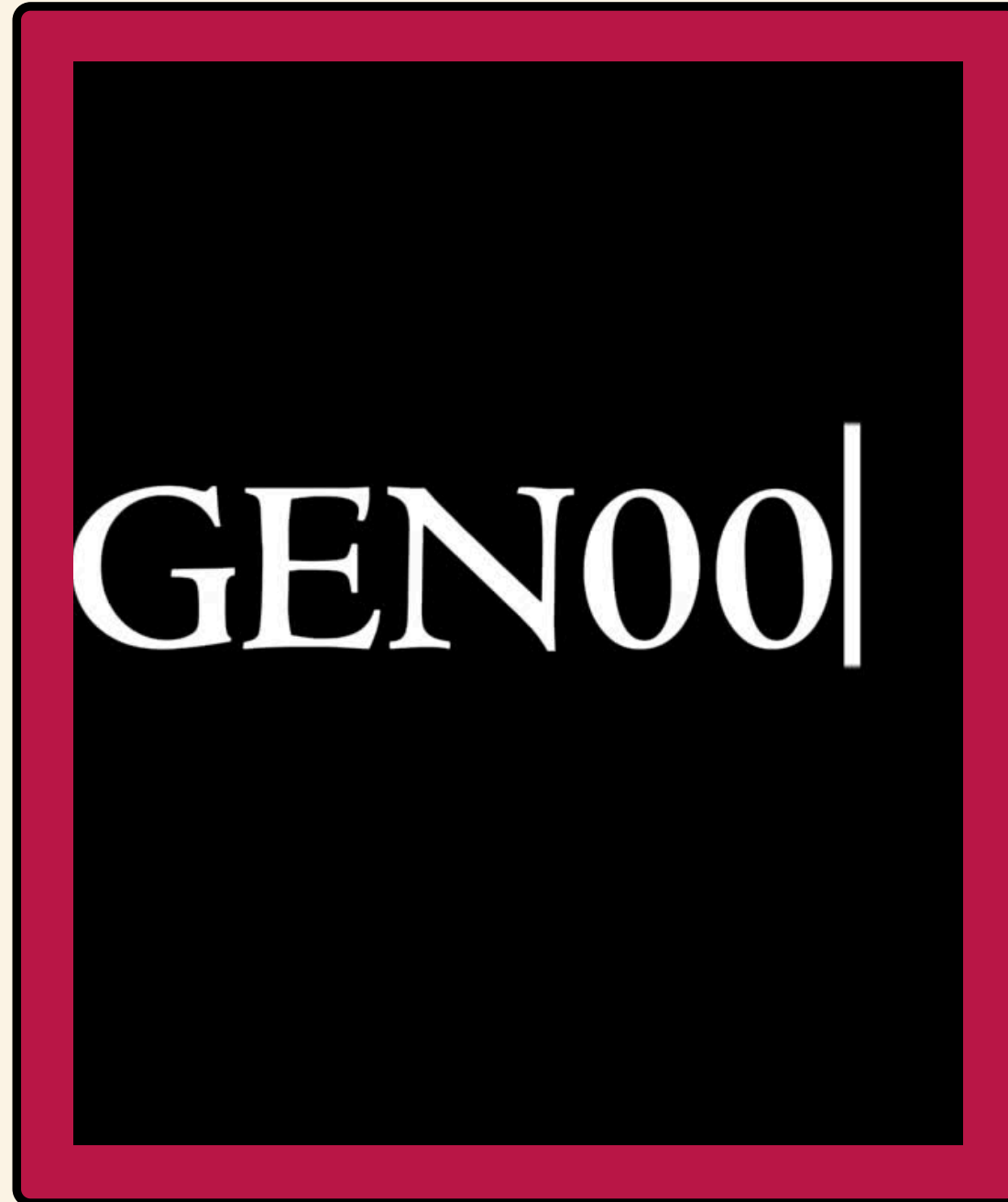
PROJECT 02

PROJECT 03



PROJECT 01

This is the projects in GEN001 and NSTP.





PROJECT 02

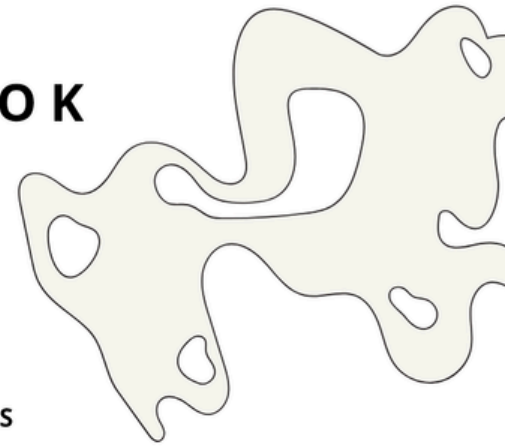
This is the projects I do in ITE260 and
ITE366



PROJECT 03

TROPA KONTRA USOK (TKU)

"Stand Strong. Stay Smoke-Free."



ABOUT US

Tropa Kontra Usok (TKU) is a student-led organization promoting a healthy, smoke-free, and vape-free campus. We empower students through education, peer support, and proactive anti-cigarette and anti-vape campaigns.

WHY JOIN TKU?

- ✓ Awareness seminars on cigarette & vape risks
- ✓ Youth leadership and advocacy training
- ✓ School and community outreach programs
- ✓ Creative campaigns and volunteer projects
- ✓ Supportive tropa promoting healthy choices

QUALIFICATIONS

- Open to all enrolled students
- Must support anti-cigarette and anti-vape advocacy
- Willing to participate in activities and events
- Good standing and active involvement encouraged

SIGN-UP DETAILS (PHINMA AU SOUTH)

Orientation & Sign-Up Week: [November 22, 2025]
Venue: [Phinma Au South Gymnasium]
Walk-ins welcome!

CONTACT US

- ✉ Email: tku.official@phinmaausouth.edu
- 📘 FB Page: TKU- Phinma – Tropa Kontra Usok - Phinma
- 👥 Officers: Contact any TKU leader for assistance

MISSION

To empower students to the importance of living a healthier lifestyle without using cigarettes and vape and increase the students knowledge of the health risks associated with smoking and vaping, countering industry marketing that often portrays vapes as safe alternatives.

VISION

To create a environment where students don't use cigarettes and vape, to spread awareness to the students about the bad effects on your health using vape and cigarettes, to avoid their influence to other students. to Empower all students users to quit by providing resources and support for quitting. And to Protect non-smokers and non-vapers students from the harms of secondhand smoke and vapor.

```
new* new* new* new* new*
1 print("Identifier: Cities/Streets of
  Nueva Ecija")
2 print("Examples: Cabanatuan, Gapan,
  San jose, Palayan, Zaragoza")
3
4 total = 0
5
6 while True:
7     num = int(input("Enter a
  number(0 to stop): "))
8     if num == 0:
9         break
10    total += num
11
12 print("The total sum of all numbers
  entered is:", total)
```

```
new* new* new* new* new*
1 name= input("Akong name:")
2 print(name)
3
4 age= input("Akong age:")
5 print(age)
6
7 address= input("Akong address:")
8 print(address)
9
10 hobbies= input("Akong hobbies:")
11 print(hobbies)
```

OTHER PROJECTS

ANALYSIS

- Culture and Morality: In Filipino culture, we value pakikipagkapwa (respect for others) and hiya (sense of shame). Gossip goes against these values.
- Universal Values: Honesty, respect, kindness, and empathy.
- Reason, Feelings, and Will: Reason helps us think before we speak. Feelings remind us how it hurts to be talked about. Will gives us the strength to choose silence over gossip.
- Moral Growth: Avoiding gossip teaches self-control, compassion, and respect for others' dignity.

PROPOSED ACTION PLAN

ETHICS

A locomotor skill is a physical action that propels an individual from one place to another. This may mean moving forward, backward, or even upwards using certain skills. Examples of locomotor skills include: Walking or running.

4 examples of Locomotor:

1. Running
2. Walking
3. Jumping
4. Skipping

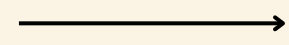
3 key benefits of practicing locomotor skills:

PED030

My name is Gian Clau M. Hernandez, 18 years old, My birthday is February 23, 2007, From Concepcion West, Zaragoza, Nueva cerija. I'm friendly and i hate people who has bad attitude.

I like playing Basketball, exercise, sleeping, eating, watching anime and movies. I also like to bond with my family, my loveones, i also like to travel. I'm a simple guy who have a dream, to be successful, to travel around the world especially to japan, to help my parents to buy what they want and needed, buy all I want and live a happy and peaceful life with my love ones.

ITE366



THANK YOU!
